

## GG0130E. Shower/Bathe Self

**E. Shower/bathe self:** The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.

### Assessment Timepoints

#### Admission:

- Admission performance.
- Discharge goal.

#### Discharge:

- Discharge performance.



### Shower/Bathe Self Inclusions and Exclusions for Coding

#### Included:

- Washing, rinsing, and drying the patient's:
  - Face.
  - Upper and lower body.
  - Perineal area.
  - Feet.

#### Excluded:

- Washing, rinsing, and drying the patient's back or hair.
- Transferring in/out of tub or shower.

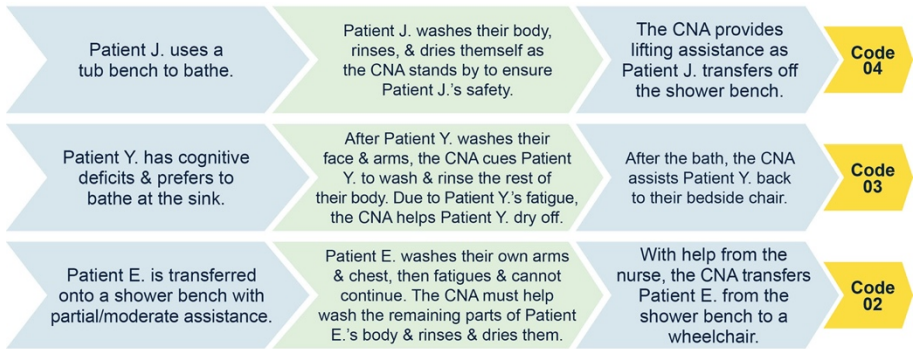
### Coding Tips

The assessment of shower/bathe self can take place in a shower, bath, at a sink, or in bed (i.e., full-body sponge bath). The activity can be completed independently by the patient with or without the use of devices.

## Activity Performance Codes and Examples

06 – Independent	03 – Partial/moderate assistance
05 – Setup or clean-up assistance	02 – Substantial/maximal assistance
04 – Supervision or touching assistance	01 – Dependent

Each series of arrows below describes a shower/bathing scenario. The green arrows in the second column identify key elements of each scenario that inform the coding of **GG0130E. Shower/bathe self**.



## Additional Clinical Considerations

- If the patient bathes themselves and only needs a helper to set up materials for bathing/showering, then code **05, Setup or clean-up assistance**.
- When the activity of shower/bathe self is not completed entirely during one clinical observation (e.g., a patient washes their body in the shower and washes their face at the sink), then code based on the type and amount of assistance required to complete the **ENTIRE** bathing activity.
- Use clinical judgment to determine whether completing a partial bath or simulating the shower/bath allows the clinician to adequately assess the patient's ability to complete the activity of **GG0130E. Shower/bathe self**.
- If a patient only requires assistance to cover wounds or devices for water protection during bathing, then code **05, Setup or clean-up assistance**.